Protect Your Health and Help Us Stay Open

Guidance for the Public

Five Core Actions

Practice Social Distancing – Stay 6 feet away from others who are not part of your household whenever possible – “Farther is Safer.”

Wear cloth face coverings – Wear a mask in public unless eating in a restaurant or when able to consistently maintain 6 feet of physical distance from others.

Wash your hands or use hand sanitizer regularly – Wash for 20 seconds with soap and water or use a hand sanitizer with at least 60% alcohol.

Clean frequently-touched surfaces – Be a part of helping keep things clean, use hand sanitizer, wipe shopping cart handles, etc.

Stay home when sick – If you do not feel well or have been told to isolate or quarantine, please stay home.

PLUS

• Follow posted safety guidelines.
• Don’t touch your face (Another great reason to wear a mask).

Knox County Tennessee Health Department

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